

**Visiting the North Bay Regional Health Centre**

- All visitors must wash their hands with the alcohol rinse provided upon entering and leaving the building.
- Children under 12 years of age must be accompanied by an adult at all times.
- Check our website for more tips on visiting: [www.nbrhc.on.ca](http://www.nbrhc.on.ca)

**Visiting at the District Hospital:**

We all know how nice it is to have a visit from a loved one when we are not feeling well. After surveying patients and their families we found that patients wanted a bit of a break in the day to rest between visits and wanted visits to be short so that they could feel the love and energy

their visitors bring and still get the rest they needed as their body recuperates.

To accommodate this request, our visiting hours are:  
**11 a.m. to 1 p.m. and begin again at 4 p.m. and end at 8 p.m.**

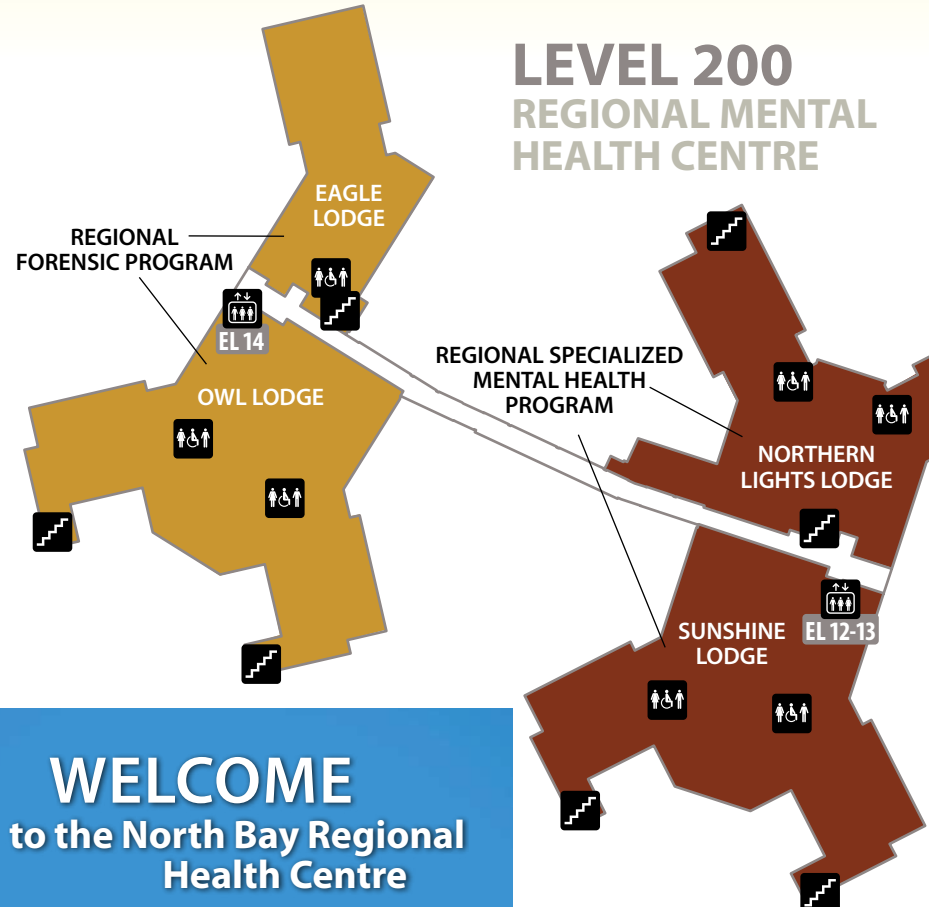
To keep disturbance to fellow patients at a minimum, only TWO visitors per patient allowed at any given time; with the exception of special circumstances.

**Visiting at the Regional Mental Health Centre:**

Visiting hours at the Regional Mental Health Centre are from **11 a.m. – 8 p.m.**

Visitors are encouraged to consult unit guidelines or staff when planning a visit to the Regional Mental Health Centre.

**LEVEL 200 REGIONAL MENTAL HEALTH CENTRE**



**LEVEL 200 REGIONAL MENTAL HEALTH CENTRE**

- Regional Forensic Program**
- Eagle Lodge
  - Owl Lodge

- Regional Specialized Mental Health Program**
- Northern Lights Lodge
  - Sunshine Lodge

Note: Largest department per colour block has been flagged on map, for list of other departments within these colour blocks, please see colour code key.

Map may not be exactly to scale or accurate. Subject to change.

**P PARKING**

Parking is located around the entire site with designated parking for public, staff and physicians.

The pay parking system provides you with a parking tag when you enter the lot. Please bring this parking tag with you inside the building. **You must pay for your parking BEFORE you leave the building** at one of the parking kiosks located at Level 1 and Level 2 Main Entrances, you have about 15 minutes to leave the premises before the parking tag expires, so it is best to go to the parking kiosk as the last thing you do before leaving the building.

**GIFTS, FOOD & BEVERAGES**

A **Tim Horton's Coffee Shop** is located near the East Main Lobby on Level 2 and is open from **6 a.m. to 11 p.m.**

A **Gift Shop**, operated by the Volunteer Association, is located next to the Tim Horton's Coffee Shop near the Main Lobby and is open **9 a.m. to 8 p.m.**

The Volunteer Association will also manage a ticket booth and guest Gift Kiosks along Main Street (Level 2) of the District Hospital.

**PARKING**



**LEGEND**

- Information/Directory
- Stairs
- Elevator(s)
- Washroom
- Barrier free washroom
- Meeting room
- Parking lot numbers
- Parking pay station
- Public telephone
- Coffee shop
- Gift shop
- Emergency call stations
- Waiting room

**LEVEL 200 DISTRICT HOSPITAL**



- WAYFINDING SYMBOLS**
- Block A** floors 1, 2, 3
  - Block B** floors 1, 2, 3
  - Block C** floors 1, 2, 3
  - Block D** floors 1, 2, 3

**LEVEL 200 DISTRICT HOSPITAL**

- Laboratory**
  - Blood Bank
- Diagnostic Imaging**
  - CT Scan
  - MRI (future)
  - Nuclear Medicine
  - Ontario Breast Screening Program
- Emergency**
  - Ambulance Bay
- Outpatient Laboratory**
  - Payments / Billing Inquiries
  - Phlebotomy Clinic
  - Switchboard
- Ambulatory Care**
  - Cancer Clinic
  - Chiroprody Clinic
  - Orthopaedic Clinic
  - Ostomy Clinic
  - Pre-Admission Clinic
  - Telemedicine

- Cardiac / Respiratory**
  - EEG / EKG
  - Infection Control
  - Physician's Lounge
  - Stress Testing

- Clinical Records**
  - Clinical Utilization

- Administration**
  - Boardroom
  - Executive Offices
  - Medical Affairs / NOSM

- Acute Inpatient Psychiatry Unit**
  - Crisis Intervention
  - Department of Psychiatry

- Chemotherapy**
  - Anticoagulation Clinic
  - Clinical Trials
  - District Stroke Clinic

- Renal Unit**
  - Breastfeeding Room
  - Kidney Care Clinic

- Foundation**

**INFORMATION**

Information Kiosks are located at the East Main Entrance, Level Two (next to Emergency) and the Front West Main Entrance, Level One (centre of the complex) where more detailed information may be available.

**WELCOME to the North Bay Regional Health Centre**

A unique facility, the NBRHC is both a community hospital providing acute care and specialist services to North Bay and the surrounding area and the regional specialized mental health service provider for all of northeastern Ontario.

This map provides a footprint of the NBRHC. Maps of Level 2 and Parking areas are located on one side and Levels 1 and 3 on the opposite side. This map will give you a general sense of where specific departments and services are located.



**GUIDE**



**LEVEL 100**  
REGIONAL MENTAL HEALTH CENTRE

**Regional Forensic Program**  
• Deer Lodge  
• Heron Lodge

**Material Management**

**Volunteer Services**

**Regional Specialized Mental Health Program**  
• Birch Lodge  
• Maple Lodge  
• Regional Specialized Mental Health Services Staff Offices

**OD/Education**  
• Staff Library

**Seniors Mental Health Program**  
• Evergreen Lodge

**HOPE Program**  
• ArtsWell North Residency  
• Beauty Salon  
• Canteen  
• Dental Clinic  
• Fitness Centre  
• Gymnasium  
• Horticulture Centre  
• Lasting Impressions  
• Patient Advocate  
• Patient Clothing  
• Patient Council  
• Patient Library  
• Social Recreation  
• The Vault  
• Town Centre

**GIFTS, FOOD & BEVERAGES**



The North Bay Regional Health Centre has full cafeteria services located just inside the Level 1 West Main Entrance, situated in the centre of the complex. The **Cafeteria** is open from **8 a.m. to 8 p.m.**

The Regional Mental Health Centre has the **Boutique** located next to the Cafeteria/Spiritual Centre and has a **Canteen, Beauty Salon and Gift Shop** located in its central core known as the HOPE Program.

**LEVEL 300** DISTRICT HOSPITAL

**LEVEL 300**  
DISTRICT HOSPITAL

**Women and Children's Care Centre**  
• Birthing Suites  
• Caesarean Section Suite  
• Neonatal Intensive Care Unit (NICU)  
• Obstetrics  
• Pediatrics  
• Women and Children's Clinic

**Ambulatory Procedure Unit**  
• Cystology Procedure Room  
• Endoscopy Procedure Rooms  
• Urology Procedure Room

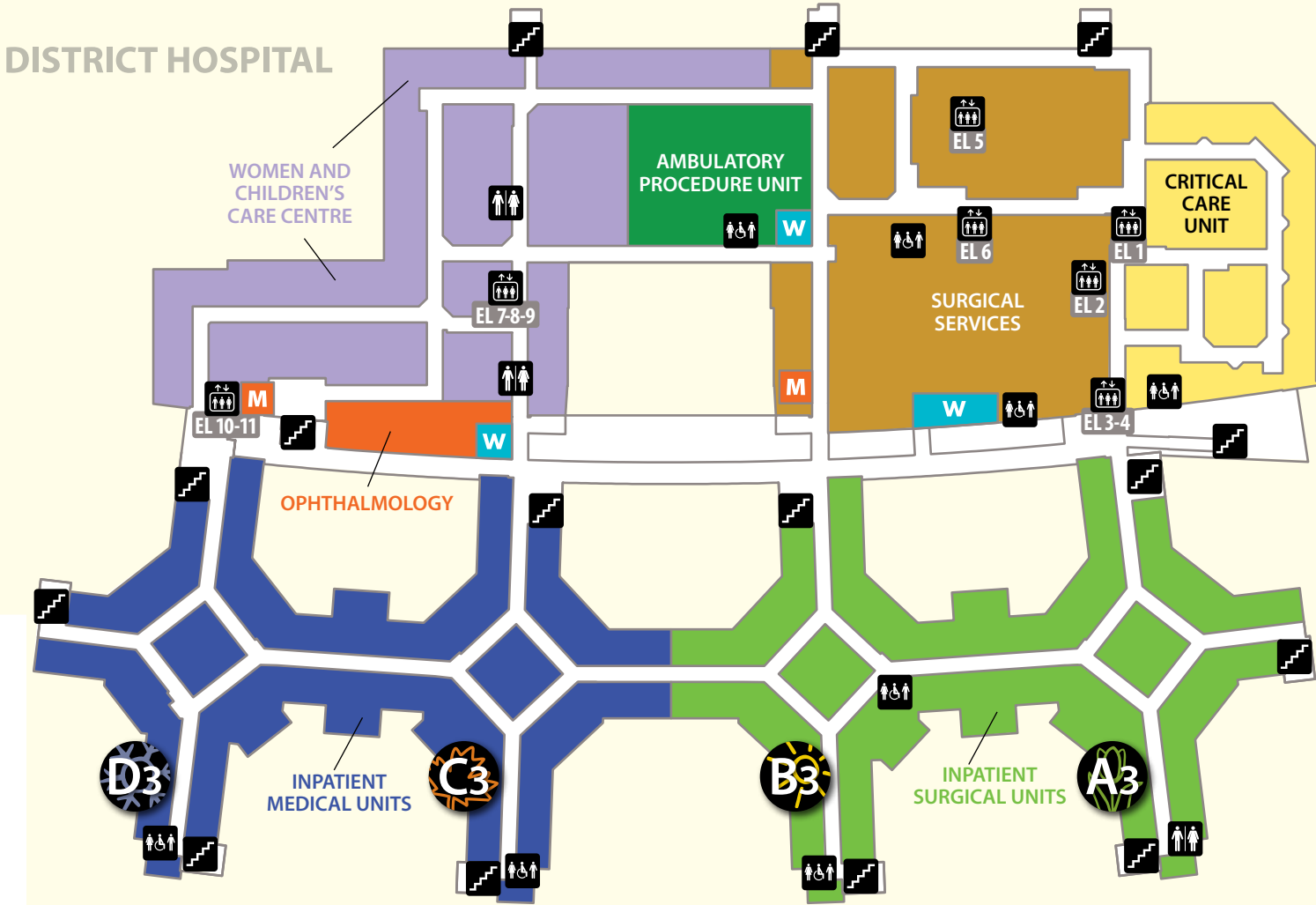
**Surgical Services**  
• Day Surgery  
• ECT  
• Operating Rooms  
• PACU  
• Pain Management Clinic  
• Patient Recovery

**Critical Care Unit**

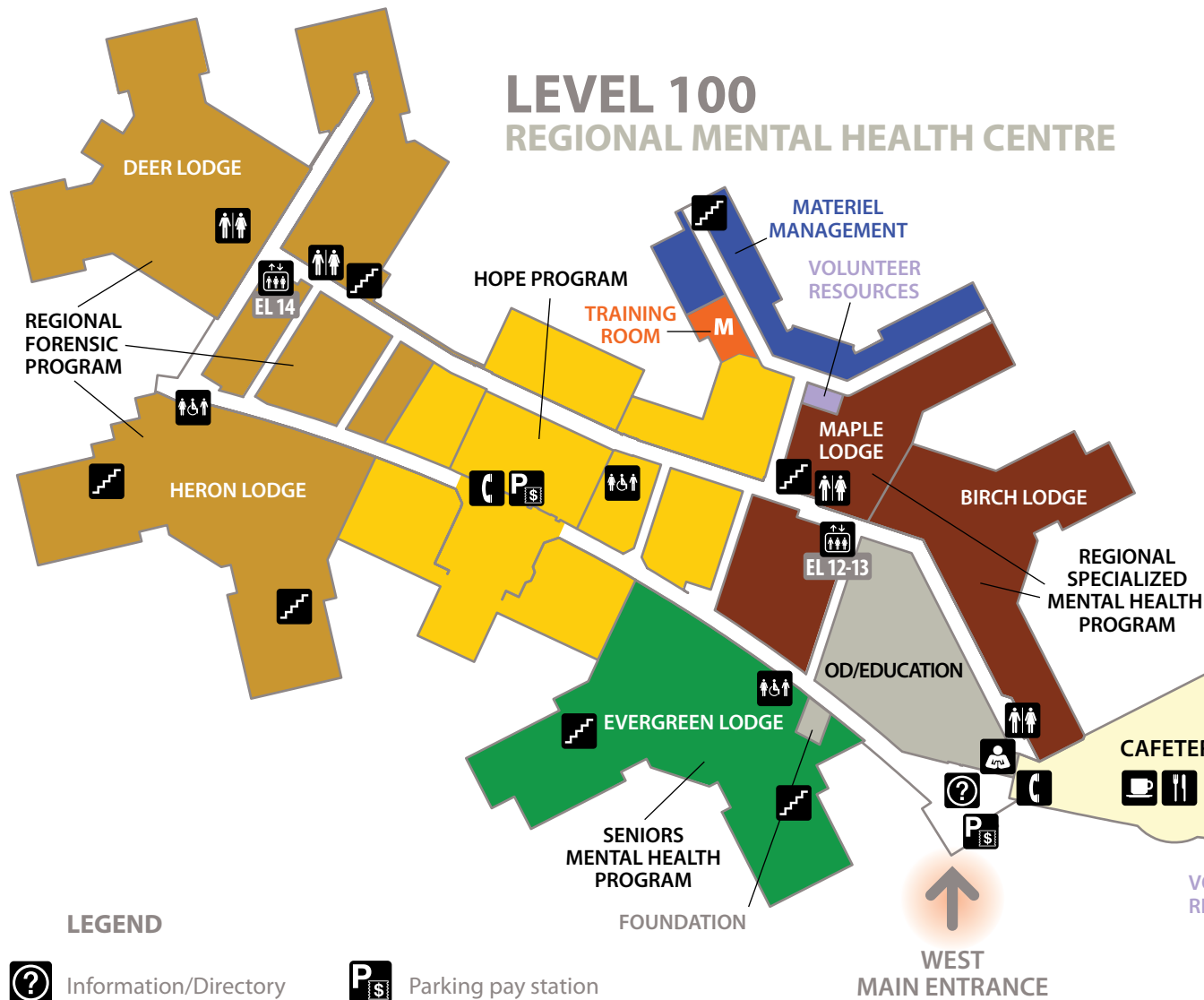
**Inpatient Surgical Unit**  
• Burn Unit

**Inpatient Medical Unit**

**Ophthalmology**



**LEVEL 100**  
REGIONAL MENTAL HEALTH CENTRE



**LEVEL 100** DISTRICT HOSPITAL



**LEVEL 100**  
DISTRICT HOSPITAL

**Patient Food Services**

**Maintenance & Plant**  
• Carpentry  
• Clinical Engineering 1  
• Electrical Shop  
• Instrumentation  
• Johnson Controls  
• Main Electrical  
• Paint Shop  
• Plenary Health  
• Plumbing  
• Welding

**Morgue**

**Materiel Management**  
• Bulk Stores  
• Environmental Services  
• Fleet Services  
• Linen Transfer  
• Main Telecom  
• Print Shop  
• Shipping & Receiving

**Medical Device Reprocessing Department**

**Corporate Services**

• Clinical Engineering 2  
• Financial Services / Payroll  
• Human Resources  
• Occupational Health & Safety  
• Staff Locker Rooms

**Pharmacy**

**Information Technology**  
• Computer Room  
• Technical Support Help Desk

**Auditorium**

**Volunteer Resources**

**Cafeteria**

**Outpatient Rehabilitation**  
• Occupational Therapy  
• Physiotherapy  
• Speech Language Pathology

**Inpatient Rehabilitation**

**Complex Continuing Care**  
• Geriatric Assessment Unit  
• Inpatient Complex Continuing Care  
• Palliative Care

**LEGEND**

- Information/Directory
- Stairs
- Elevator(s)
- Washroom
- Barrier free washroom
- Staff locker room
- Parking pay station
- Public telephone
- Coffee shop
- Cafeteria
- Spiritual centre
- Waiting Room
- Meeting Room

**WAYFINDING SYMBOLS**

- Block A**  
floors 1, 2, 3
- Block B**  
floors 1, 2, 3
- Block C**  
floors 1, 2, 3
- Block D**  
floors 1, 2, 3